



The San Diego Union-Tribune

\$1.85
PLUS TAX

sandiegouniontribune.com

WEDNESDAY • JULY 8, 2020

SECTION E

The San Diego Union-Tribune

WEDNESDAY • JULY 8, 2020



Food

Pineapple dishes bring tropical warmth without the heat

SLICE OF SUMMER SUNSHINE

STORY AND RECIPES BY LAUREN J. MAPP

When I think of foods to eat during the summer, one flavor rises to the top of my list: pineapple. The slices of the tropical yellow fruit remind me of warm days by the pool, or of having my toes buried in the sand and the feeling of sun rays toasting my shoulders.

The pineapple plant, which is native to Brazil and Paraguay, is thought to have been transported by indigenous people throughout South and Central America, and Native Caribbeans would place pineapples at their doorways to welcome guests. Spanish colonizers brought the fruit to the Philippines, and it was later farmed in Guam, Hawaii and Malaysia, according to the book "Fruits of Warm Climates" by Julia F. Morton.

Today, pineapples remain a symbol of hospitality in architecture and hotel designs. Each one takes about three years to grow, and the majority are grown in Southeast Asia.

To pick a good pineapple, choose one with fresh, green leaves on the crown, and a firm body. It should not be rock solid nor squishy to the touch when lightly squeezed, and the base should have a

SEE PINEAPPLE • E2

RECIPES

PINEAPPLE SHRIMP CEVICHE | PIÑA COLADA WAFFLES | PINEAPPLE GAZPACHO

Corner Chicken opens in East Village

Corner Chicken, a new fast-casual fried chicken and beer restaurant, opened June 26 in San Diego's East Village.

Opened by Isamu Morikizono, founder of the local Tajima ramen restaurant chain, Corner Chicken specializes in regular and Nashville-style hot white and dark-meat chicken served by the half-bird, combo plate or sandwich.

The restaurant serves chicken that is cage-, hormone- and antibiotic-free. It can be prepared with five levels of spiciness. Prices range from \$7.50 for jumbo tenders to \$16 for a half-chicken, with assorted sides from \$2 to \$4.50. The restaurant also has 16 beers on tap from San Diego County breweries, including Stone, AleSmith, Latitude 33, Mother Earth, Societe and Pizza Port.

Corner Chicken, at 721 Ninth Ave., has opened with reduced hours of service from 5 to 10 p.m. Wednesdays-Mondays only. Visit [facebook.com/TheCornerChicken](https://www.facebook.com/TheCornerChicken).



The Dark Bird plate at Corner Chicken restaurant in East Village.

ISABEL SUBTIL